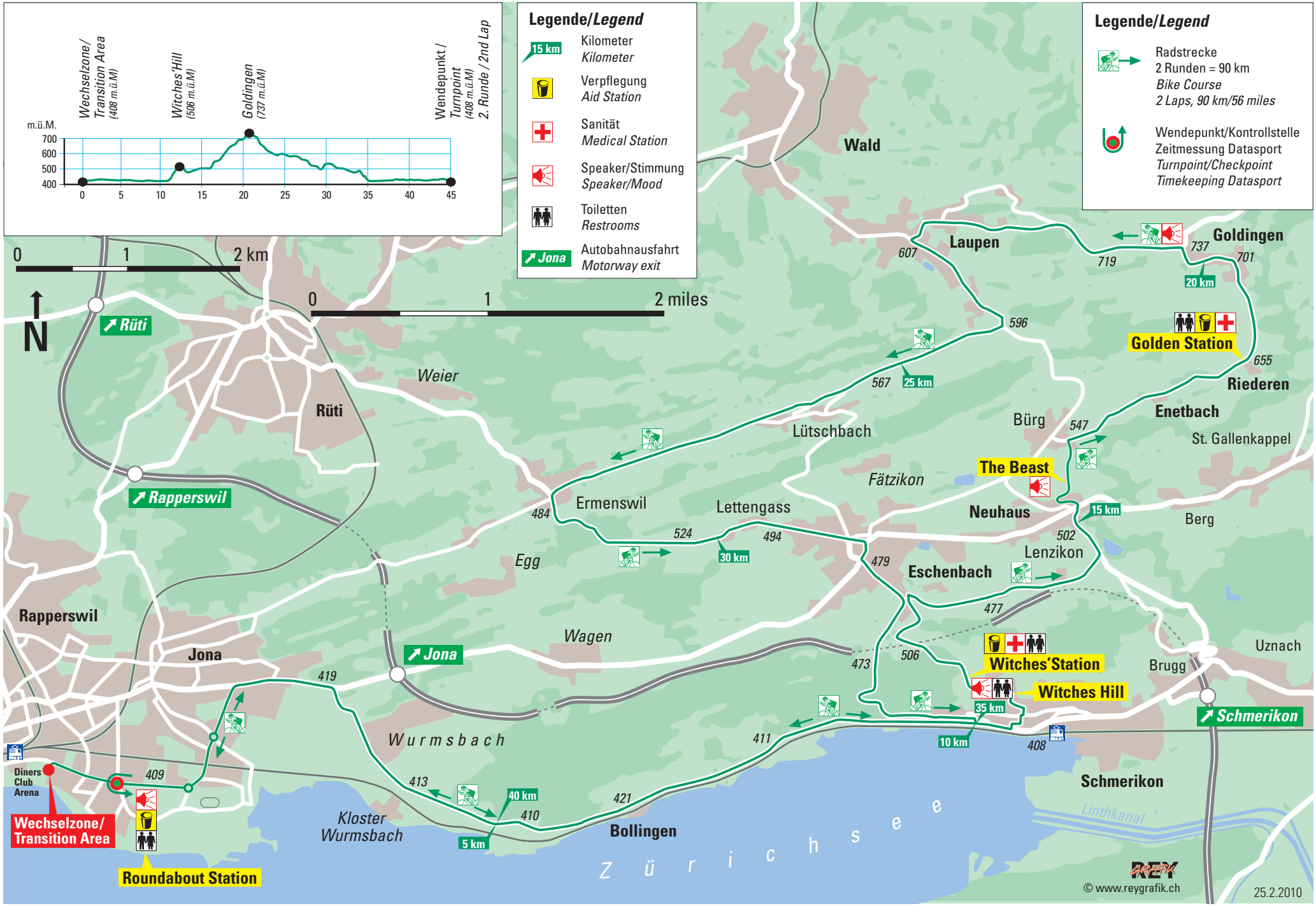PowerBar Ironman 70.3 Switzerland, Rapperswil-Jona, Radstrecke/Bike Course