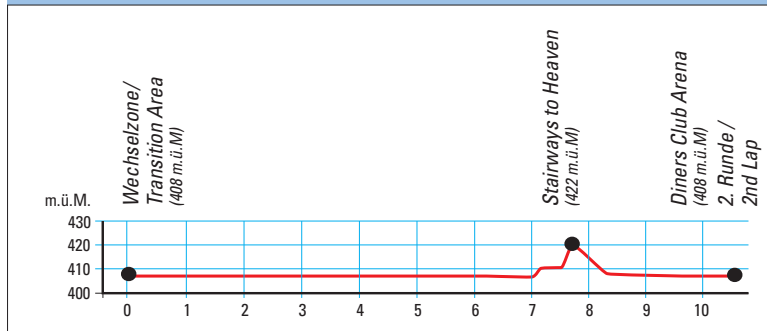


PowerBar Ironman 70.3 Switzerland, Rapperswil-Jona, Schwimm-/Laufstrecke; Swim and Run Course



- Legende/Legend**
- Schwimmstrecke (1 Runde = 1.9 km)
Swim Course (1 Lap = 1.9 km/1.2 mi)
 - Laufstrecke (2 Runden = 21.1 km)
Run Course (2 Laps = 21.1 km/13.1 mi)
 - Wendepunkt/Kontrollstelle
Zeitmessung Datasport
Turnpoint/Checkpoint
Timekeeping Datasport
 - Kilometer
Kilometer
 - Speaker/Stimmung
Speaker/Mood
 - Sanität
Medical Station
 - Verpflegung
Aid Station
 - Wasser
Water
 - Toiletten
Restrooms